Beauty Point is now taking enrolments for Kindergarten 2015. If your child turns five years of age by July 31, 2015 please pick up an enrolment form from the school office.

Please put your child’s application in as soon as possible, as we have started sending out letters inviting parents & students to Orientation Sessions.
LEADERSHIP HABIT:

Put first things first.
I spend my time on things that are most important.
This means I say no to things I should not do.
I set priorities, make a schedule and follow my plan.
I am organised.

**** STRIVING FOR EXCELLENCE ****

To Rose R in 3D, for achieving a distinction level in all three ICAS tests she attempted this year, (a first for Beauty Point Public School),
and to Matthew B in 5B, for achieving a High Distinction in Maths.

PRINCIPAL’S REPORT

Dear Parents
Four mornings a week, the shade shelters are a hive of activity as the bands get ready for the practice sessions before school. This has been happening for so long that we have got used to it, but it’s when you see the culmination of all this work as we did at Tim Tam Night on Friday that you realise the importance and character of the Band Program. Ably supported by the Year 2 Recorder Group and the Choir, the Bands and the respective soloists entertained us to a very high standard for an hour and a half. There were the occasional fluffed notes and the timing wasn’t right at times. Big deal! Watching committed children perform for their parents and peers, and in doing so, realising their potential and the extraordinary opportunity that exists right under their noses at their local school is amazing. Another organising triumph for the Band parents, and a really cool night’s entertainment for all concerned.

The end of the year is getting closer and closer, and as a staff we are beginning to talk about, and make plans for, classes and teaching roles for next year. All of this depends on the number of children we have at the school- how many children enrol for Kinder, how many are leaving to go to high school, and how many are leaving to go to other schools. We are desperate to know of any child who will be continuing their education at another school. Could you please let us know as soon as possible if you are taking your child to another school so we can begin to organise and look at our numbers for 2015? I will send out a reminder email with an attachment soon, but we really need to know asap.

We construct the learning environments based on the number of children we have in a given year. This year we were able organise numbers so there weren’t any composite classes. Next year there is the likelihood of at least one, but many hours will be spent in determining the makeup of this class and all other classes. We do consider parent requests for new classes, but it is teachers who often best know what combinations do and don’t work in a classroom situation.
Mrs Beynon has asked if parents can check at home for any errant Home Readers that may have slipped into bookcases or under beds, as we have a shortage of a number of levels. The school has been purchasing in-class group reading sets, and we would like to build up the numbers of home readers we have as well as cull those which are getting raggedy or torn.

The Kinder Orientation program has one more day to run: November 12th at 10.00. This week’s session was about Best Start and presented by Caroline Patterson, the Best Start consultant and expert. It was very successful and informative, and will take away some of the anxiety that all new Kinder parents feel about their child starting school. The November 12th session is where new parents have the opportunity to talk to current parents about the transition into big school, and organise a pre-big school picnic.

It’s always nice to get a bit of attention, and Beauty Point Public School was featured in The Manly Daily and the Nine News last week. Mel Tyas and Mr Johnston have coordinated and organised the construction of nesting boxes for Little Penguins, and last week the Year 6 children went to an unnamed location inside North Head to replace the old nesting boxes with their new ones. The day was a total success and the students were attentive and considerate of their environmental work.

Lauren Adlam still has a very nice Armani coat left over from Glamaloha. If it is yours, please contact the school to claim it otherwise it might become part of my apre ski wardrobe for Japan in January. Perhaps the owner has just returned from Narnia and forgot to hang it up in the wardrobe! Speaking of fundraising, don’t forget the meeting on Friday 7th November in the staff room to discuss planning for next year. Edmundo faccio de Cavalho the barista might be there to whip up a couple of plungers and a pot of tea. An early start to, and discussion about, the timing of the fundraising is a great idea.

Sushi day was a great success. There has been lots of positive feedback about special food days where the food is more nutritious and sugar free than previously offered, and many parents have been thinking and giving their ideas about alternatives to cupcakes etc. Polly Georgeou has an insert in this Buzz detailing some delicious birthday alternatives. The ordering process is a bit more problematic, as despite the last day for orders being received was Friday, we were still getting them as late as Tuesday which required lots of phone calls at the last moment to the man making them.

Nits have been found in a number of classes. Can you please check your child’s hair and commence the prevention program and treatment? On Sunday night could all parents do a final check and ‘comb and conditioner’ treatment before returning on Monday morning? Remember, all APs and myself have Nit Kits that you can borrow if you want to try them.

This is a busy term. There are lots of things happening so please make sure you check the calendar regularly to see what is coming up at the school. Currently teachers are working on the children’s Semester 2 reports which take an extraordinary amount of time. I am looking at the final Medal recipients and sending out invites to the Presentation Day speakers, as well as convening a panel to select a new Assistant Principal after Anna Shaw’s resignation from the DEC. As for emails!!!! They never seem to end! But... every few days I have children sent to me to show me their work, or I get to go around to classes to sit for a while and watch what is happening. Or I get to chat to parents after school. These are the best parts of this job.

Regards,

Kevin Gallagher
Relieving Principal
Excellence in ICAS Mathematics

The International Competitions and Assessments for Schools (ICAS) results for Mathematics have been received. All students at Beauty Point from Years 3 – 6 sit for this test. Congratulations to the students who recorded progress (Years 4 and up) and particularly to those students who received a Merit, Credit or above.

The following children received Distinctions.

<table>
<thead>
<tr>
<th>Year 3</th>
<th>Year 5</th>
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<tbody>
<tr>
<td>Adie C</td>
<td>Jay G-H</td>
</tr>
<tr>
<td>Alex H</td>
<td>Jake H</td>
</tr>
<tr>
<td>Rose R</td>
<td>Harry B</td>
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<tr>
<td>Fredrik G</td>
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<table>
<thead>
<tr>
<th>Year 4</th>
<th>Year 5</th>
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<tbody>
<tr>
<td>Giacomo B</td>
<td>Matthew B (High Distinction)</td>
</tr>
<tr>
<td>Joe Y</td>
<td>Teagan P</td>
</tr>
<tr>
<td>Jack C</td>
<td>Alex T</td>
</tr>
<tr>
<td>Xavier F</td>
<td>Matthew T</td>
</tr>
<tr>
<td>Catherine M</td>
<td></td>
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<tr>
<td>Lex T</td>
<td></td>
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<tr>
<td>James S</td>
<td></td>
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<tr>
<td>Zac N</td>
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</table>
## DATES TO REMEMBER

### NOVEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon 3</td>
<td>Gibberagong- (K &amp; Yr 6) Mosman High School (Yr 5)</td>
</tr>
<tr>
<td>Fri 7</td>
<td>Maths on The Beach (K-2)</td>
</tr>
<tr>
<td>Tue 11</td>
<td>Art Gallery of NSW (Kindergarten – Yr 2)</td>
</tr>
<tr>
<td>Wed 12</td>
<td>Kindergarten Orientation @ 10.00-11.00am</td>
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<tr>
<td>Mon 17</td>
<td>P &amp; C Meeting @ 7.00pm</td>
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<tr>
<td>Fri 21</td>
<td>Swim Scheme (Yr 4) – last day</td>
</tr>
<tr>
<td>Mon 24</td>
<td>School Council Meeting @ 5.30pm</td>
</tr>
<tr>
<td>Fri 28</td>
<td>Gibberagong (Yr2 &amp; 3F) PSSA T-ball (Yrs 5 &amp; 6) – last day</td>
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### DECEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tue 2</td>
<td>School Concert – Matinee &amp; Evening</td>
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<tr>
<td>Fri 5</td>
<td>Public Speaking Assembly (K-6) @ 11.25am</td>
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<tr>
<td>Tue 9</td>
<td>Year 6 Graduation Dinner</td>
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<tr>
<td>Wed 10</td>
<td>Combined Scripture Assembly</td>
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<tr>
<td>Thu 11</td>
<td>Presentation Day</td>
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<tr>
<td>Mon 15</td>
<td>Picnic and movie (K-2)</td>
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<tr>
<td>Tue 16</td>
<td>Manly Waterworks (Yrs 3-6)</td>
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<tr>
<td>Wed 17</td>
<td>Last day for students</td>
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</tbody>
</table>

### JANUARY

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wed 28</td>
<td>Students Start (1-6)</td>
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<tr>
<td>Wed 28- Fri 30</td>
<td>Best Start Interviews (K)</td>
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</table>

### FEBRUARY

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon 2</td>
<td>Kindergarten Start</td>
</tr>
<tr>
<td>Wed 4</td>
<td>Swimming Carnival (2-6)</td>
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</table>

## CHILDREN RECEIVING AWARDS

**Congratulations to all students who have received awards in the last fortnight!**

**Gold Card**

- Matthew K     2H
- Phanna E      1C
- Anika H       KD
- Rose B        KD
- Jaime A       3F
- James S       3F
- Olivia W      1C
- Hamish Mc     5B
Well done to all our talented musicians!

We were so proud of all band members, soloists and musicians from the recorder group and choir who performed so well at Tim Tam Night. The standard of music was probably the highest that Beauty Point has ever seen. Well done, everyone!

All band members will have one more performance this term. Junior Band will go to Trackdown Studios for a recording session mid-November. Senior Band and Concert Band will be performing at the school End of Year Concert on 2nd December.

And our promising new Training Band will be holding a Parents’ Concert at the end of this term. They got off to a flying start at their first rehearsal last week, and are going great guns with their new conductors Mr Hampton and Mr Madrid. A huge thank you to Kerry Warner, Chrissie Bertram, Bonita Lloyd, Tim Ryan and Mandy Shen who have volunteered to help with our new training band.

Want to join band?

If you wish you’d joined our new Training Band, it’s not too late! We still have vacancies for children wanting to learn the trumpet or trombone. Contact Rosie on 0420 507762!

Auditions for all Junior Band and Senior Band members

We are hoping that all of our Junior Band children will be auditioning to move up to Senior Band, and that all of our Senior Band musicians will audition to move up to Concert Band. With auditions only 5 weeks away, the time to prepare for auditions is NOW!

You should have a copy of the audition requirements, and your tutor can help your child to prepare for the auditions in the first week of December. Your child will need to:

- Prepare the set scale(s).
- Practise sight reading a new piece from scratch.
- Rehearse either a solo piece (for entry into Concert Band) or the New World Symphony band piece (for entry into Senior Band).

For general queries about our Band Programme contact Rosie Connor on 0420 507762 or email connorsinat@bigpond.com.
Dear Parents & Carers,

ACTIVITIES FOR TERM 4

Unfortunately this is the last year the government is providing us with the Active After School Care Program. It has been so wonderful to have coaches and sports equipment provided to us over the years.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>Basketball</td>
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<td>Dance</td>
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<td>Earth Club</td>
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<tr>
<td>Senior Club</td>
<td>Senior Club</td>
<td>Senior Club</td>
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ENROLMENTS 2015

We are currently open for enrolments for next year. You can download a copy of our enrolment form from [http://beautypointoosh.webnode.com/enrolments/](http://beautypointoosh.webnode.com/enrolments/) or fill one out in centre. We will be allocating places in December.

MELBOURNE CUP DAY

We still have a few places left vacant for Melbourne Cup. Book in early to avoid disappointment.

DECEMBER / JANUARY VACATION CARE

We will be closed for business from 20th December 2014 – January 4th 2015. The vacation care program will be released on the 19th November 2014. If you have a child starting kindergarten in 2015, they are able to attend our vacation care program in January.

Sincerely,

Lucie Francis
Beauty Point OOSH
EMOTIONALLY INTELLIGENT PARENTING

A FIVE SESSION PARENTING PROGRAM FOR
PARENTS OF PRE-SCHOOL – PRIMARY-SCHOOL AGED CHILDREN

Would you like to learn how to:
- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence.

VENUE: Chatswood Community Health Centre
57 Hercules St, Chatswood
DATES: Tuesday 4th November – Tuesday 2nd December (5 wks)
TIME: 7.00pm – 9.30pm
COST: $165pp ($140 concession)
PLEASE PHONE 9887 5830 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District.


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A Taste of Narrabeen

You are invited to spend an afternoon sampling high school at Narrabeen
A co-educational, comprehensive school offering a strong academic and cultural curriculum.

Students at Narrabeen enjoy quality educational programs and exceptional opportunities, delivered through state of the art facilities with a strong emphasis upon technology and 21st century learning. Our school is dedicated to providing the very best educational opportunities, wide choices and enriching experiences.

When: Thursday 13th November 2014
Time: 3:45pm to 5:00pm
Where: Narrabeen Sports High School
10 Namona St Narrabeen
RSVP: Karen Dipper 9913 7820 ext 129 or email karen.dipper1@det.nsw.edu.au

Activities include:
- Dance & Music Performances
- Outdoor Art display
- Sports Clinics with player appearances
  – AFLresco Union, Manly Sea Eagles, Sydney Swans & Sydney Kings
- School Tours
- BBQ and light refreshments

For more information go to our website http://www.narrabeen-h.schools.nsw.edu.au
BOOK FAIR
21-23 November 2014

Dear Lifeline Book Lover,

The countdown to Christmas and the holiday season has begun and so too have the preparations for our final book fair for 2014. Traditionally, this is a bumper event both for Lifeline Northern Beaches fundraising and for all book lovers who support our important work in the local community.

Please find the details below and please put into your diary and remember to share with family, friends and colleagues!

<table>
<thead>
<tr>
<th>VENUE</th>
<th>Balgowlah Boys Campus</th>
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<tbody>
<tr>
<td></td>
<td>Sydney Road and Maretimbo Street</td>
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<td></td>
<td>BALGOWLAH</td>
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<tr>
<td>DATES/TIMES</td>
<td>Friday</td>
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<td></td>
<td>21 November</td>
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<td></td>
<td>4.00pm – 9.00pm</td>
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<td></td>
<td>Saturday</td>
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<td></td>
<td>22 November</td>
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<td>9.00am – 5.00pm</td>
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<td>Sunday</td>
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<td>23 November</td>
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<td>9.00am – 2.00pm</td>
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</table>

GOLD COIN ENTRY WOULD BE APPRECIATED

Over the 3 days, you will have the opportunity to browse and shop from over 25,000 books, some new, most “as new”. What better time to build up your Summer reading collection, select a title to say Thank You to someone who has helped you out this year or to put together a book gift pack to fill out a Christmas stocking or place under a wishing tree. Of course, we’ll have a selection of beautiful Christmas books to excite children and families.

For information about the work of Lifeline Northern Beaches and what’s happening, please visit Lifeline Northern Beaches or call 9949 5522

Somewhere in Australia there is a new call to Lifeline every minute and it costs Lifeline $27.96 for every call that we respond to.

This is why your ongoing support is important and valued.

If you do not wish to receive any Book Fair notices in the future, please respond with UNSUBSCRIBE.
From class birthday parties to fundraising events, there are many celebrations at Beauty point Public School. Although these events are lots of fun, these celebrations often revolve around foods high in sugar, whether homemade or pre-packaged heavily processed foods that have little or no nutritional value.

Promoting healthy options like crunch & sip and allowing foods high in sugar at BPPS celebrations sends students conflicting messages. Our bodies are engines and how we fuel them matters. Forming and maintaining healthy dietary habits is the best way to nourish and sustain good health. With a few minor adjustments, together as a school community parents and teachers can shift the focus from unhealthy food to healthy fun.

HEALTHIER ALTERNATIVES FOR IN-CLASS BIRTHDAYS

Try to incorporate fruits or vegetables into your offerings as these are high in nutritional value and fuels the brain. (FACT: ABS statistics show that 94% of Australians don't consume the right amount of fruit and vegetables every day)

**Frozen fruit** - Oranges, grapes, pineapple pieces, especially now with the warmer months ahead. **Fresh fruit platter** - simply slice into pieces large enough for the students to pick them up by hand **Fruit Kebabs** - skewered fruit

**Yogurt in a cup with fruit topping** - using plain yogurt top with the birthday child's choice of fruit

**Fruit muffins** - when you bake lower the sugar/sweetness ingredient by 1/4 to 1/3 and opt for healthier flours such as spelt, wholemeal etc.

**Mini pancakes**, pikelets, or scones topped with yogurt and fruit

**Popcorn**

Sweet treats are almost always supplied for the child's in-class birthday celebration. There is no rule to this, it is just a conditioning which stems off the birthday cake ceremony. So why not celebrate with a savoury option.

**Fresh veggie platter** - celery, cucumber, carrots etc. cut into sticks. Add a homemade dip like guacamole or hummus. This could also be served individually in cups.

**Homemade mini scrolls** - pizza or spinach & feta are great in scrolls

**Savoury muffins** - such as pumpkin & feta, com & capsicum or pizza are all tasty combinations

**Vegetable sushi** - freshly made. Avoid seafood, chicken or any meat filled sushi for school birthdays.

**Baked plain corn chips with guacamole, salsa and/or bean dip**

**Baked crackers with cheese and dried fruit (sultanas or raisins)** - canapé style

Students birthdays do not always have to be celebrated using food. Many children suffer from various allergies from gluten to lactose, dairy to nuts- it's hard to please everyone. Here are some ideas on making your child's birthday celebration memorable without food.
Donate a book to the library - sign the front page 'Donated on behalf of Jona's 8th Birthday

Donate stationary to your class - supplies are forever running out. Find out what your class is low on and restock by donating a packet of pencils, glue sticks, tissues etc.

Stock a birthday treasure chest - at the beginning of each year, each parent donate a small gift e.g.: pencils, rubbers, mini note pads etc on behalf of their child. Have the teacher wrap these gifts place them in a box (which the students can decorate) and have the birthday child pick one on there special day.

Keep in mind that each student’s birthday can mean multiple celebrations: one in class, one at home with family and a party with friends. Food does not need to be the focus of celebrating a birthday at school. Instead, let’s find other ways to recognise the child, celebrate them and make them feel special.

If you have any other ideas on healthy birthday celebrations that you would like to share or ideas on how we could promote healthy food within the school, please email me at p.georgeou@yahoo.com.au and together, change is possible.!
Wednesday 29 October, 6-7.15pm
Mosman Youth Centre, 30 The Crescent, Mosman (under Mosman Library)

The link between physical and mental well-being in 7-17 year olds

A forum for those who care for children and young people, featuring a presentation and Q&A session with Associate Professor Maria Kangas

Topic to cover the relationship between complaints about physical/body ailments which have no underlying medical cause (eg. recurring stomach-aches and headaches) and anxiety and depression problems in children and young people.

For more information and bookings visit www.trybooking.com/GEED or contact Mosman Youth Services at youth@mosman.nsw.gov.au

Free Event
Bookings Essential
Numbers are Limited